

The Trinity: A 5-Day Devotional for Kids

Based on a sermon for Trinity Sunday

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Bringing it all together

God Is Three in One

KEY VERSE

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit." – Matthew 28:19

Devotional

Have you ever tried to explain something that is really hard to put into words? Maybe you tried to describe your favorite color to someone, or explain what music feels like. Some things are true and real and wonderful, even when they are hard to explain perfectly. God is like that too.

Today is Trinity Sunday, a special day in the church when we celebrate that God is Father, Son, and Holy Spirit. That is three persons, but one God. We call this the Trinity. The word "trinity" comes from the idea of "three in one." It might sound tricky, and that is okay! Even grown-ups find it hard to explain. But here is the good news: God gave us words to use so we can know Him and talk about Him. Those words are "Father, Son, and Holy Spirit."

Every time you are baptized, or every time someone is baptized, those three names are spoken out loud. That is how important they are. God wants you to know His name and to know who He is. Even if you cannot explain exactly how God works, you can know that He loves you and that He has given you a way to call on Him.

Reflection Questions

1. Can you name the three persons of the Trinity?
2. Why do you think God gave us words to describe who He is?
3. What is something you know about God, even if you cannot explain it perfectly?

Prayer

Dear God, thank You for telling us Your name. Thank You for being Father, Son, and Holy Spirit. Help me to know You better every day. In Jesus' name, Amen.

God the Father Who Made Everything

KEY VERSE

"In the beginning, God created the heavens and the earth." — Genesis 1:1

Devotional

Think about the most beautiful day you have ever seen outside. Maybe the sky was bright blue, or the clouds looked like big fluffy pillows, or the sunset painted everything orange and pink. Who made all of that? God the Father did. He made everything, from the tallest mountain to the tiniest ant, and He made you too.

When we talk about God as Father, we mean that He is the one who created the world and everything in it. He is the one who watches over us like a loving parent watches over their children. A good father provides for his family, protects them, and loves them no matter what. God the Father does all of that for us, and He does it perfectly.

The Bible says that when God made everything, He looked at it and called it good. That means He looked at you and called you good too. You are part of His creation, and He loves every part of who you are. When you look at the world around you today, remember that it is all a gift from God the Father, who loves you and cares for you every single day.

Reflection Questions

1. What is your favorite thing that God the Father created?
2. How does it feel to know that the God who made the whole universe also made you?
3. How can you say "thank You" to God the Father today?

Prayer

Dear God the Father, thank You for making this beautiful world and for making me. Help me to see Your love in everything around me today. In Jesus' name, Amen.

God the Son Who Came for Us

KEY VERSE

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." — John 3:16

Devotional

Imagine if you had something really precious, something you loved more than anything else, and you chose to give it away as a gift to help someone else. That would be an incredible act of love. That is exactly what God the Father did when He sent His Son, Jesus, into the world.

Jesus is God the Son, the second person of the Trinity. He came to earth as a real person, just like you. He was born as a baby, He grew up, He had friends, He laughed, He cried, and He loved people deeply. But He came for a very special reason: to show us what God's love looks like and to take away our sins so that we could be close to God forever.

The sermon talked about God's grace, love, mercy, and forgiveness. All of those things come to us through Jesus. When we say the name of Jesus, we are calling on the Son of God who knows what it feels like to be human, who understands us, and who gave everything so that we could be called God's children. That is a love bigger than anything we could ever fully explain, but it is real and it is yours.

Reflection Questions

1. Why do you think God sent His Son Jesus to the world?
2. What does it mean to you that Jesus was both God and a real person?
3. How does knowing that Jesus loves you change the way you feel today?

Prayer

Dear Jesus, thank You for coming to earth for me. Thank You for Your love, mercy, and forgiveness. Help me to follow You every day. In Your name, Amen.

God the Holy Spirit Who Lives in Us

KEY VERSE

"But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you." — John 14:26

Devotional

Have you ever felt a gentle nudge inside you to do the right thing? Maybe you felt it when you were tempted to say something unkind, and something inside you said, "No, be gentle." Or maybe you felt a warm, peaceful feeling when you prayed or sang a song about God. That is the Holy Spirit at work in you.

The Holy Spirit is God the Third Person of the Trinity. The Holy Spirit is not a ghost or something to be afraid of. The Holy Spirit is God living inside of those who believe, guiding them, comforting them, and helping them grow to be more like Jesus every day. Jesus promised His followers that when He went back to heaven, He would send the Holy Spirit to be with them always.

The sermon reminded us that when we are baptized, it happens in the name of the Father and of the Son and of the Holy Spirit. That means at your baptism, the Holy Spirit came to be with you in a very special way. You are never alone. The same Spirit that hovered over the waters when God created the world is with you right now, helping you, strengthening you, and reminding you that you are loved. How amazing is that?

Reflection Questions

1. Have you ever felt the Holy Spirit helping you make a good choice? What happened?
2. How does it make you feel to know that God is always with you through the Holy Spirit?
3. What is one thing you can ask the Holy Spirit to help you with today?

Prayer

Dear Holy Spirit, thank You for living in me and guiding me. Help me to hear Your voice and follow Your lead. Thank You for never leaving me alone. In Jesus' name, Amen.

One God, One Big Love

KEY VERSE

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all." — 2 Corinthians 13:14

Devotional

You made it to Day 5! This week you have been learning about the Trinity: God the Father, God the Son, and God the Holy Spirit. Three persons, one God. It is a mystery that is too big for any of us to explain perfectly, and that is okay. Not everything about God has to fit neatly into words. What matters most is that you know God loves you and that He has made a way for you to know Him.

The sermon we studied this week talked about how sometimes people want us to explain exactly how God works, just like someone might ask you to explain exactly how your brain works or how your heart beats. The honest answer is that we do not always have all the words. But God, in His kindness, gave us the words "Father, Son, and Holy Spirit" so that we could talk about Him, pray to Him, and know that He is with us.

Today, as you finish this devotional, think about how each person of the Trinity shows God's love for you. The Father made you and watches over you. The Son came and gave His life for you. The Holy Spirit lives in you and walks with you every day. That is three beautiful ways God says "I love you." Carry those words with you wherever you go: "In the name of the Father and of the Son and of the Holy Spirit." Those words belong to you.

Reflection Questions

1. What is the most important thing you learned about God this week?
2. How can you share what you learned about the Trinity with a friend or family member?
3. How will knowing about the Trinity change the way you talk to God in prayer?

Prayer

Dear God, Father, Son, and Holy Spirit, thank You for this week. Thank You for making me, saving me, and staying with me. Help me to carry Your love with me every single day. In Jesus' name, Amen.